



**The British Judo  
Council  
(Martial Arts Circle)**

**Summer School  
2009**

**Hallowtree  
Nacton, Ipswich  
8<sup>th</sup> – 15<sup>th</sup> August 2009**

# Summer School 2009

The BJC(MAC) Summer School has since moving to its new home in Ipswich gone from strength to strength & grown in popularity. The course having many more attendees each year has meant that the organisers have had to look at the course & the way it is organised, as a result of this there is now a limit on entries. Entries will be taken on a “first come first served basis” so for 2009 more than ever it is important to BOOK EARLY so as to avoid disappointment.

Also for 2009 the organisers have made changes to the course in respect of junior player participation and accommodation.

## The Course

**The objective of SUMMER SCHOOL 2009 is to provide ageless judo.**

**For the junior members** there will be a specifically designed course featuring fun filled judo activities arranged for enjoyment by all age groups whilst maintaining the structure, exercise & discipline associated with the art of judo.

**For the senior members** there will be structured exercise & judo sessions which will be both physically & technically demanding. Those who wish to further their skills at contest judo will be able to exert themselves to the limits, whilst building the techniques, abilities and attitudes required of champions.

For the members who wish to improve their judo techniques whilst not physically over exerting themselves the course structure will enable them to reach their full potential without excessive physical toll, but still leaving them feeling both rewarded and fulfilled.

**Specialist courses** will be run for those members who wish to either start or further their abilities & knowledge in the disciplines of coaching and referees, these courses will be designed to build individuals to reach whatever level they require & are available as either refresher courses or with examinations for qualifications. (It is an insurance requirement that everyone who holds a referee or coaching award sit a refresher course every two years)

**Evening sessions** open to **all** judoka, will be held enabling those who wish to practice Kata & Randori the opportunity to practice these skills, (which are the very basis of judo) in an informal but supervised atmosphere but with support and guidance if required available. It is recommended that as many as possible take advantage of these sessions.

These evening sessions also provide an excellent opportunity for those who need to demonstrate kata & theory as part of their grading or examination, to practice and fine-tune their presentation before examination.

To keep everybody fully occupied in between the judo sessions there will be various organised recreational activities & events. There will also be plenty of opportunity for social interaction. All of which adds to the electrifying atmosphere which over the years we have come to expect from the BJC (MAC) Summer School.

Enhanced safety measures and activity programme for junior participants will make the 2009 Summer School not only a fun week of judo but also a safe fulfilling week of judo.

## **Why should I attend Summer School 2009 ?**

**For Junior Members** Summer school offers a fantastic value judo activity holiday learning an Olympic sport where they can improve fitness & meet old friends or make new friends. The course offers the unique opportunity to train with other judoka from across the country under the supervision of some of the best instructors in the BJC (MAC) with a FREE BJC(MAC) grading & the chance to explore other aspects of judo should they be of a suitable age / grade.

Included in the course fee will be one session of archery & one session of shooting with full instruction.

**For Senior Members** Summer school offers not only fantastic value but also an excellent opportunity to progress their judo career. The course includes the hidden benefits of, Training with others from across the country, BJC(MAC) Referee & Coaching award courses with examinations at NO EXTRA COST, BJC(MAC) Kyu or Dan grading at NO EXTRA COST.

## **The Venue**

### **Hallowtree Campsite:**

Hallowtree is a wooded undulating scout campsite of approximately 40 acres situated 4 miles from Ipswich the county town of Suffolk; the main field has a picturesque view over the river Orwell.

The main complex and pavilion provides an ideal building with a hall which is used as our Dojo, other rooms used for the course and it has its own fully fitted kitchen with dining area.

Around the building is an area which is used as our campsite with ample room for a large number of tents / caravans, electrical supply is limited as standard mains 'hook up' is not available. Camping pitches will be allocated on a first come first served basis by the course organisers.

The rest of the site comprises of various fields and areas used by the scouting association and other similar organisations.

For those who wish to have meals provided we are able to offer to the first 50 bookings the option of providing a light lunch & full cooked main meal each day at very reasonable rates.

### **Course options:**

#### **On site camping with judo course:**

This comprises of breakfast, the judo course (junior or senior), grading / examination, commemorative course 'T' shirt †, activities as specified for juniors and full use of all centre facilities and an on site camping pitch.

#### **On site camping only:**

This comprises of breakfast, full use of centre facilities and an on site camping pitch.

#### **Judo Course only:**

This option **only** covers the judo course, grading / examination and commemorative course 'T' shirt †.

### **Off site Camping:**

There are two campsites within walking distance of the Hallowtrees site which offer full camping facilities, these are:-

Priory Park

Tele: 01473 727393, [www.priory-park.com](http://www.priory-park.com)

Orwell Meadows Leisure Park

Tele: 01473 726666

For further details of these sites and booking information contact the sites directly.

### **Course rules and organisers notes:**

All juniors under 14 years of age attending Summer School must be accompanied by a parent, legal guardian or an authorised adult carer, who will take responsibility for their actions at all times when not participating in BJC(MAC) organised activities.

All summer school participants aged 14 years but under 18 years of age must be accompanied by a named responsible adult who will take responsibility for their actions at all times when not participating in BJC(MAC) organised activities.

All summer school participants under 18 years of age will be restricted to the following curfew times:

Under 12 years of age.....10.00pm

Under 14 years of age.....10.30pm

Under 16 years of age.....11.00pm

Under 18 years of age.....12.00 midnight

Junior participants will begin each day with an exercise / games session, this session will commence promptly at 7.30am.

The use of the dojo will be restricted to official sessions only, any use outside of these times must be authorised by the course organiser; any breach of this ruling may result in expulsion from summer school 2009.

The consumption of or supply of alcohol to anyone under 18 years of age will not be tolerated; any breach of this ruling may result in expulsion from summer school 2009.

† Commemorative course 'T' shirts can only be guaranteed for those bookings received by 31 May 2009. Course literature will only be guaranteed for those who pre-book their course options, anyone who does not pre-book or changes their course options will not be guaranteed the appropriate course literature.

The course organisers reserve the right to cancel or amalgamate any sessions as required.

Any visitors during the week will be most welcome but they **must** make prior arrangements through the association and whilst we will make every effort to accommodate them we cannot make any guarantees.

Whilst the BJC (MAC) operates an equal opportunity policy, the organisers must disclose that the building and facilities are not conducive to those people with severe disabilities. Anybody with such disabilities must ensure that they have their own suitable assistance and facilities as the association cannot guarantee to supply such assistance.

If you require a person to either, read or write at an examination, specify this on your course booking form and the organisers will endeavour to provide such facilities.

All students wishing to take an examination should ensure they are the correct grade and hold the appropriate referee / coaching award for the level examination they intend to take.

The onus is on the student to ensure that they qualify for whatever award they apply to take an examination in, the Organisers will not accept responsibility for any student who attempts to take an award examination which they do not qualify for.

For details of the qualifications needed for each award please refer to the BJC(MAC) grading syllabus booklet.

The onus is on the student to ensure they have a suitable Uke to present any Theory or Kata for examination, the organisers cannot accept responsibility to provide such a person.

The organisers will not accept responsibility for any student who fails to present any Theory or Kata demonstration or who fails to appear for any examination at the allotted time.

Applications to attend the Summer School 2009 are welcomed from members of all other judo associations whose license provides full insurance cover. Proof of insurance cover must be sent with completed application form.

Deposits: All bookings must be accompanied by a deposit of £25.00 per person. Deposits are only returnable (less a 10% handling fee) for cancellations received in writing before May 31 2009.

Full details of the course rules of conduct will be supplied in the course joining instruction booklet, the organisers reserve the right to exclude anybody who does not respect these rules.

Summer School 2009 prices;  
Judo Course Fee

For bookings received up to 31 May 2009

Junior Course Fee	£60.00
Intermediate Course Fee	£60.00
Senior Course Fee	£70.00

For bookings received after 1st June 2009

Junior Course Fee	£75.00
Intermediate Course Fee	£75.00
Senior Course Fee	£95.00

### Loyalty discount

Attended 2008 Summer School	<b>£5.00</b>
Attended 2007 & 2008 Summer School	<b>£10.00</b>

Loyalty discount on the course fee will only be applied on production of the discount voucher from Summer School; this voucher **must** be sent with the initial booking form.

- **A deposit of £25.00 per person must be sent with all applications.**
- **Course Session rates available on request**

Camping Pitch (Includes Breakfast)

Course Duration (per person)	£30.00
Daily Rate (per person)	£ 5.00

Children under 5 years of age subject to 50% discount

Children under 1 year Free

Meals (per Person)

(Meals must be booked in advance.)

Lunch and Dinner (Course duration)	£35.00
Lunch and Dinner (per day)	£ 6.00

All applications must be made on the official entry form (photo copies are acceptable).

Please send all applications together with the deposit to:-

**Summer School 2009, 58 Hevercroft, Strood, Rochester, Kent, ME2 2NN**

Please make all postal orders or cheques payable to: **The Judo Council Ltd**

Please **do not** send cash.

For all enquires:- phone 01634 724247

Mobile 07771 794289

E-mail [zcm-bjcmac@breathe.com](mailto:zcm-bjcmac@breathe.com)

# Summer School 2009 Application Form

A separate form is required for each person attending Summer School

Name:.....	
Address.....	
Phone Number .....	E. Mail .....
Age (on 8.8.2009).....	Date of Birth .....
Male / Female T shirt size 5/6 7/8 9/10 S M L XL XXL Other .....	
(Circle as reqd)	
Club .....	Association.....

<b>Please state your present Grade &amp; BJC(MAC) Referee award, Coaching award &amp; any dan grade points held</b>	
License No .....	Expiry Date .....
Grade .....	Coaching Award .....
Referee Award .....	Points Held .....

Judo Course (Circle as reqd)	Junior	Intermediate	Senior
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Accommodation (Circle as reqd)	Camping	No Accommodation
Number of persons in group .....	Please state names on a separate sheet if not attending judo course	

<b>Course Award Options</b>	
Contest Kyu Grading	Yes / No
Theory Kyu Grading	Yes / No
Contest Dan Grading	Yes / No
Theory Dan Grading	Yes / No
Referee Award	Yes / No .....
Coaching Award	Yes / No .....
Please state award level required	

Summer School Loyalty Discount (if yes Summer School 2008 voucher must be enclosed with this form)	Yes / No
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Meals Required	Yes / No
Do you require special diet facilities?	Yes / No
if yes specify your requirements below:	
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Do you have any special medical / physical requirements?	Yes / No
If yes please specify below:	
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<p>Please reserve my place on Summer School 2009</p> <p>I enclose my deposit of £25.00 (to be sent with all applications)</p> <p>I enclose my loyalty discount voucher (if applicable)</p> <p>I understand that the deposit of £25.00 is not returnable after 1st June 2009 and the balance being payable prior to or on booking in at Summer School 2009.</p> <p>I accept the booking conditions and agree to abide by the rules of the course.</p> <p>I have completed <u>all sections</u> of the booking form &amp; checked the details supplied</p>
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<p>Declaration of responsible person for participants under 18 years of age:</p> <p>I.....as parent / guardian / authorised carer agree to take full responsibility for the actions of .....and agree to be available on site during all times when they are not participating in BJC(MAC) organised activities.</p> <p>Signature .....</p> <p>(Please note; limited to a maximum of 3 people to 1 adult unless they are immediate family)</p>
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<p>Agreement to enter Summer School 2009 &amp; acceptance of the course rules</p> <p>Signature ..... (Parent or Guardian if under 18yrs)</p> <p>Print Name ..... Date .....</p> <p>Full details of course content, timetable, rules &amp; booking conditions will be sent with receipt</p>
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<p>Please send completed application with £25.00 deposit to:</p> <p>Summer School 2009, 58 Hevercroft, Strood, Rochester, Kent ME2 2NN</p> <p><b>Please make all postal orders or cheques payable to:</b></p> <p style="text-align: right;"><b>The Judo Council Ltd</b></p> <p>(Please do not send cash through the post)</p>
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